Wiregrass Ranch Cheerleading 2023-24 Contract

Thank you for becoming a part of the WRHS cheer family! Please understand that this is a commitment that must be taken seriously by both the parent and the athlete. Each member should always remember when both in and out of uniform that they represent the entire group, school and administration and must act accordingly.

I. Organization

1. This contract has been written and adopted for the Wiregrass Ranch Cheerleading Team and may be revised at any time. If revisions are made a new copy will be emailed to parents.
2. The purpose of the WRHS Cheerleading Team is to:

1. Create school spirit, pride and loyalty.

2. Promote interest in school activities and perform at school games.

3. Develop responsibility, teach self-respect, encourage honest effort, strive for perfection, and develop character.

4. Teach teamwork and pride in a quality performance through maintaining high standards.

II. Eligibility

A. Each member must maintain a 2.0 grade point average and no F’s.

1. If a member goes under this, that member will be put on probation.

2. Members who are on probation are still required to attend all practices and events unless they are at tutoring.

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III. Attendance

1. Coaches will be contacted BY THE CHEERLEADER OR PARENT if a member is missing practice for any reason. If it is due to illness please notify us by noon. If you fail to contact the coaches prior to the absence, the member will receive demerits.
2. If a member/alternate misses ANY practice, he/she will receive demerits.
3. All doctor appointments, etc. should be scheduled so they do not interfere with team activities.
4. Homework/studying is not an excused absence!

3. Excessive absences may result in probation and/or dismissal from the team.

1. If a member/alternate misses ANY performance, he/she may be put on immediate probation and/or dismissed from the team.
2. All members and alternates must attend every activity, every practice and performance in its entirety. Homework or their job is not considered an excuse for missing any activity.
3. If a member is injured OR has an illness, the Coach may request a written letter of permission from a physician before the member can return to practice.
4. School detention, etc. will not be considered an excuse for missing any team practice or scheduled activity.

IV. Tardiness

1. All members and alternates are expected to be on time to all activities, practices and performances. “On Time” meaning the member is fully equipped to start practice (dressed, shoes on, hair up, jewelry out, stretched out)
2. Tardies to practice will be reprimanded at the discretion of the coaches. This includes demerits.
3. Tardies to a performance will be reprimanded at the discretion of the coaches. This may include, but not limited to, demerits and sitting games.
4. Leaving practice early will be treated in the same way as a tardy! No one should leave practice early due to homework, studying, a job, practice for another sports team.
5. Excessive tardies may result in being benched from performances and/or removal from the active member squad. A parent explanation will not be considered as an excuse for being tardy.

V. Uniform

1. Each member will be required to maintain his/her uniform in good condition and clean on a weekly basis.
2. Uniforms and poms will be provided and will be the property of WRHS. If not returned at end of season you may go on debt list and if a senior not able to graduate.
3. Each member will be expected to wear the correct practice uniform.
4. If the cheer uniform is being worn, the members must have cheer shoes on, and skirt zipped up and buttoned at all times.
5. Performance uniform will consist of
	1. Cheer uniform
	2. Cheer shoes
	3. WHITE socks
	4. Neutral color nail polish ONLY. French, nude, light pin, school colors, no Black.
	5. NO jewelry. This is an FHSAA rule. No jewelry in during practices or games.
	6. Issued Cheer briefs and sports bras
	7. Natural colors hair ties (white, black, brown) and bow
	8. Absolutely no phone use during games, practices, or competitions unless it is an emergency or for medical purposes.

VI. Medical

1. Members and parents assume all medical risks.
2. Every Cheerleader will have to go online to the FHSAA website and register their sports physical.

VII. Character

A. Team members WILL BE leaders within the school and always set a good example.

B. Team members WILL BE above reproach maintaining good personal appearance and habits that cannot be criticized.

1. Each member must abide by those standards set by the WRHS Student Handbook.

C. All members MUST BE courteous and friendly to all other team members, student body, other teams and visitors, all Coaches, any Assistants and Administration.

D. Members will refrain from gossiping about other members of the squad, Coaches, and any assistant Coaches.

1. This may include, but is not limited to, name calling, spreading rumors about other teammates, talking negatively about other teammates, the coaches, and/or assistant coaches such as sending negative text messages to other teammates or making negative comments about other teammates on ANY Social Media site.
2. Social media postings should be appropriate.
3. Members found participating in any of the actions listed above will be handled on a case-by-case basis, which may result in dismissal from the team.
4. Members must approach the coaches if there is an issue that needs to be addressed.
5. Any inappropriate/illegal behavior and or photos is grounds for dismissal from team.

E. Excessive school-imposed discipline will result in probation and/or dismissal from the team

VIII. Parent Involvement

1. Practices and tryouts are closed to parents unless otherwise specified.
2. During activities, practices and performance parents will refrain from approaching their child, coaches and/or any other member on the team until the team has been released by the coach. Halftimes or after games is an appropriate time to address coaches or other athletes.
3. Parents will refrain from gossiping about other members of the squad, coaches, and any assistant coaches.
4. Parents must approach the coaches if there is an issue that needs to be addressed.
5. Parents are responsible for dropping/off and picking up their child on time for all activities, practices, and performances.

IX. Fund Raising

1. All members are required to participate in all team fund-raising which is generated by the team and/or Snap Raise.

X. Tryouts

1. If a member quits or is removed from the team for any reason, it is at the discretion of the coaches and/or administration to allow a member back on to the active team the following season.
2. Cheerleaders must be committed to cheerleading during our season. If involved in outside activities, please be sure cheer participation will be first.

XI. Demerits and Merits List

2 demerits = 1 lap on track

4 demerits = 1 quarter being sat

8 demerits = half of a game sat

16 demerits = full game sat

How demerits are received:

4 demerits = missed practice

10 demerits = missed game

3 demerits = leaving camp early

2 demerits = wrong practice uniform/uniform for game/missing

3 demerits = disrespect to teammates or coaches/choreographers

3 demerits =Late to practice or game

3 demerits = leaving early from practice or game

2 demerits = jewelry

4 demerits = lunch detention, referral, ISS, disrespect to teacher or admin, dress code violation

5 demerits = for missing an event/camp/choreo

2 demerits = not following new cell phone policy

2 demerits = no cell phones during practice, games, or competitions unless it is being used for medical purposes, emergencies, or get permission by coaches.

2 demerits = when talking during practice or game.

There are times to talk. We want to make sure everyone is safe and always paying attention.

2 demerits = playing or laughing in a stunt

2 demerits = dress code violation or not following dress code on game day at school

How merits are earned:

-Working concession at a sport event at school

-Meet the teacher event

-Open House

-Freshman orientation

-Compliment to coaches from faculty or staff

-Going to other WRHS sporting events and showing proof to Coach Jamie and Jessie

Keep the contract for your records, give the signature page to Coach Jamie or Coach Jessie.

Signature Page

I have read and understand the Wiregrass Ranch Cheerleading Team Contract. I agree to adhere to all the rules and regulations set forth for the team.

Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Member Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Member Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_